GC Tooth Mousse Plus® for Seniors

Nature knows best
Made from milk
Helping you create your perfect healthy smile.

As we age, the battle to maintain good general health intensifies and oral health often diminishes from adverse health conditions and resulting medications.

GC Tooth Mousse Plus® is an essential part of a good oral health program which your dental professional will prescribe for you. It is a great tasting water based crème containing RECALDENT™ with incorporated fluoride (CPP-ACP). GC Tooth Mousse Plus® has the added benefit of 900 ppm fluoride, which approximates the level of fluoride present in adult strength toothpastes.

What is RECALDENT™ (CPP-ACP)?

Nature has developed highly efficient protein systems in saliva, blood and milk that stabilise and transport calcium and phosphate, which are the fundamental building blocks of our teeth and bones. Cow’s milk is recognised as having the most effective system for delivery of calcium and phosphate. Extensive research over the past 25 years has refined the specific milk peptide which transports these essential minerals to help build, strengthen and protect our teeth – casein phosphopeptide amorphous calcium phosphate – otherwise known as RECALDENT™ (CPP-ACP).
A 64 year old female patient had worn, chipped and very sensitive teeth. The patient had suffered from gastric reflux for some years, and the condition had recently become worse because of her use of a particular drug for an arthritic condition.

GC Tooth Mousse Plus® was applied nightly and after any bouts of reflux as part of a home care program. This treatment quickly reduced the symptoms of sensitivity and started strengthening the eroded tooth structure. Six weeks later the teeth were restored with composite.

A significantly reduced saliva flow will often lead to new caries and sensitivity problems – therefore patients suffering from Xerostomia need a home care program. This should include GC Tooth Mousse Plus® twice daily, GC Dry Mouth Gel for oral comfort, and intermittent chlorhexidine gel therapy once per week to suppress harmful bacteria.

After restoring any cavities, we recommend patients follow a three-monthly maintenance program to ensure regular review and to provide ongoing fluoride varnish applications to the at-risk tooth surfaces.
Elderly patients with dry mouth symptoms linked to their medical conditions or their medications are particularly prone to caries. By increasing calcium in saliva and dental plaque, GC Tooth Mousse Plus® can reduce problems and drive remineralisation.

GC Tooth Mousse Plus® for Erosion and Tooth Wear

A 67 year old male patient had a long history of tooth structure loss. His lifestyle characteristics included large daily consumption of fruits; previous moderate consumption of black cola drinks; and grinding of teeth at night. The patient was taking a number of medications which were adversely affecting his saliva. A combination of acid erosion, tooth wear and reduced protection from saliva were the cause of his current condition.

A home care program was prescribed, using a high fluoride toothpaste, a bicarbonate mouth rinse after bouts of gastric reflux and application of GC Tooth Mousse Plus® at least twice daily and after any episodes of reflux. The patient’s teeth were restored with composite and he was advised to maintain his home care treatment and make regular dental visits.

GC Tooth Mousse Plus® for Dry Mouth

Elderly patients with dry mouth symptoms linked to their medical conditions or their medications are particularly prone to caries. By increasing calcium in saliva and dental plaque, GC Tooth Mousse Plus® can reduce problems and drive remineralisation.
## Application guide

<table>
<thead>
<tr>
<th>Indication</th>
<th>How often</th>
<th>Duration</th>
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<tbody>
<tr>
<td>General prevention</td>
<td>Each evening after flossing and brushing</td>
<td>Ongoing as part of a general prevention program</td>
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<td></td>
<td><strong>Additional comments:</strong> Regular use of GC Tooth Mousse Plus® will help maintain a healthy oral environment</td>
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<tr>
<td>Dry Mouth, Xerostomia</td>
<td>Minimum twice a day, additional as required based on measure of saliva quality and quantity</td>
<td>Continuous treatment while the level of protection from saliva is reduced</td>
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<td></td>
<td><strong>Additional comments:</strong> Saliva testing will help quantify the extent of risk. Use GC Dry Mouth Gel to help alleviate dry mouth symptoms</td>
<td></td>
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<tr>
<td>Tooth erosion and wear</td>
<td>Minimum twice a day, before and after exposure to acid challenges</td>
<td>Until risk of acid exposure is reduced</td>
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<td></td>
<td><strong>Additional comments:</strong> Where possible, reduce acid exposure and increase saliva stimulation</td>
<td></td>
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<tr>
<td>Sensitive teeth</td>
<td>Twice a day during acute phase, followed by once a day application</td>
<td>4-6 weeks or until resolved</td>
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<td><strong>Additional comments:</strong> If sensitivity persists, additional diagnostic testing could be required</td>
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<tr>
<td>Moderate/High caries risk</td>
<td>Twice a day, after flossing and brushing</td>
<td>Continuous treatment or until level of caries risk is reduced</td>
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<tr>
<td></td>
<td><strong>Additional comments:</strong> Your dental professional can advise ways to reduce your level of caries risk</td>
<td></td>
</tr>
<tr>
<td>During and after periodontal care</td>
<td>Twice a day, after flossing and brushing</td>
<td>During entire period of care and for 4 weeks after completion</td>
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</table>

If symptoms persist, talk to your healthcare professional.
So easy to use!

1. Squeeze a small amount of GC Tooth Mousse Plus® onto your finger.

2. Apply to all teeth with your finger and use your tongue to spread around evenly.

3. For maximum benefit, leave GC Tooth Mousse Plus® on your teeth for as long as possible. The minimum recommended application time is three minutes. At the end of the application you can expectorate, rinse or swallow the remainder.

GC Tooth Mousse Plus®
Topical crème with calcium, phosphate and fluoride
Assorted pack 10pcs contains:
4 x Mint, 4 x Strawberry, 2 x Vanilla, 40g tube (35ml)
Also available in single flavour 10 pack: Mint only.

Always read and follow the instructions for use
GC Tooth Mousse Plus® contains RECALDENT™ (CPP-ACP), a unique ingredient developed at The School of Dental Science, The University of Melbourne, Victoria, Australia. RECALDENT and RECALDENT Device are trademarks used under licence. GC Tooth Mousse Plus® should not be used on patients with a proven or suspected milk protein allergy and/or with a sensitivity or allergy to benzoate preservatives. If any allergic reaction occurs, this may indicate sensitivity to the benzoate preservatives, or to some other component of the product. In this event, discontinue use of the product and contact your physician.