More than 60% of adults with exposed root surfaces will get root decay.**
Why are exposed root surfaces at high risk of dental problems?

Plaque trap: Exposed roots have a surface more likely to accumulate bacteria and plaque acid.

Sensitivity: Exposed root surfaces cause sensitivity, especially if you have dry mouth.

Soft: Exposed root surfaces are the softest part of a tooth and more easily attacked by acid.
Are your teeth sensitive to hot or cold?

Tooth sensitivity may be experienced by people with exposed root surfaces - "most affected persons are in the age group of 20-50 years, with a peak between 30 and 40 years of age."

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<th>Easy at-home application of GC Tooth Mousse Plus®</th>
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| **How often?** | Minimum twice a day.  
*Night time is the right time!*
| **When?** | After tooth brushing and flossing.  
**How Long?** | Ongoing as recommended by your dental professional. A change of lifestyle and dietary habits is important to ensure ongoing treatment will be successful.  
**How?** | Finger application.  
**Other** | *Other tips for improving your oral health:*  
*Eat healthy snacks such as fruit. Avoid sugary foods, snacks and candies. Avoid sodas and sweet drinks. Make sure to thoroughly brush your teeth twice daily.*

If symptoms persist, talk to your healthcare professional.
GC Tooth Mousse Plus®

GC Tooth Mousse Plus® is a topically applied, great tasting crème that delivers a powerful combination of two proven tooth protection and strengthening technologies – RECALDENT™ (CPP-ACP) and fluoride (900 ppm).

RECALDENT™ (CPP-ACP) is a specific milk-derived protein which binds to and seals exposed root surfaces, providing relief from sensitivity while releasing calcium and phosphate to strengthen and protect root surfaces.

RECALDENT™ (CPP-ACP) is the end result of many years of research by the University of Melbourne into the anticariogenic properties of milk.

Why is GC Tooth Mousse Plus® highly recommended for treatment of exposed roots?

Exposed roots are at much higher risk of tooth decay, so additional protection during home care is needed. Research into preventing root surface caries has identified that GC Tooth Mousse Plus® significantly improves root surface caries resistance and provides a greater degree of caries prevention than 5000 ppm fluoride pastes (Colgate* Prevident, 3M* Clinpro)*
How do I apply GC Tooth Mousse Plus®?

1. Squeeze a small amount of GC Tooth Mousse Plus® onto your clean finger. Your dental professional will guide you on the right quantity to use.

2. Apply to all teeth with your finger and then use your tongue to spread evenly around all your teeth.

3. Hold GC Tooth Mousse Plus® on teeth for a minimum of 3 minutes. Leave in the mouth for as long as possible.

4. Expectorate. Avoid rinsing and do not eat or drink for 30 minutes following application.
GC Tooth Mousse Plus®

GC Tooth Mousse Plus® is a water based crème containing RECALDENT™ with incorporated fluoride (CPP-ACPF: casein phosphopeptide – amorphous calcium phosphate fluoride). The level of fluoride is 900 ppm which approximates that in adult strength toothpastes. When CPP-ACPF is applied in the oral environment, it will bind to biofilms, plaque, bacteria, hydroxyapatite and soft tissue localising calcium, phosphate and fluoride.

Always read and follow the instructions for use

GC Tooth Mousse Plus® contains RECALDENT™ (CPP-ACPF), derived from milk protein casein. GC Tooth Mousse® and GC Tooth Mousse Plus® should not be used on patients with a proven or suspected milk protein allergy and/or with a sensitivity or allergy to benzoate preservatives. GC Tooth Mousse Plus® is not suitable for children under 6 years of age. If any allergic reaction occurs, this may indicate sensitivity to a component of a product. In this event, discontinue use of the product and contact patient’s physician.

RECALDENT™ is a unique ingredient developed at The School of Dental Science, The University of Melbourne, Victoria, Australia. RECALDENT and RECALDENT device are trademarks used under license.